FALL 2026 Schedule - Evening & Weekend Program - School of Atlantic Ballet

Monday

Studio 1	Studio 2	Green Rm
Pre-Intermediate Ballet (Ages 7-9) 5:00-6:00	Musical Theatre (Ages 9+) 6:00 - 8:00	Intermediate 2 Flexibility &Strength (Ages 11-13) 6:30-7:45
Intermediate Ballet 1 (Ages 9-11) 6:15-7:30		

Tuesday

Studio 1	Studio 2	Green Rm
Advanced Ballet (Ages 13+) 5:45 - 7:15	Intermediate Ballet 2 (Ages 11-13) 5:45 - 7:15	
Advanced Character (Ages 13+) 7:20-8:20	Intermediate 2 Pointe (Ages 11-13) 7:30-8:15	

Wednesday

Studio 1	Studio 2	Green Rm
Intermediate Ballet 2 (Ages 11-13) 5:30 - 6:45	Musical Theatre (Ages 9+) 6:00 - 8:00	
Intermediate 2 Jazz (Ages 11-13) 6:50 - 7:50		

Thursday

Studio 1	Studio 2	Green Rm
Advanced Ballet (Ages 13+) 5:45 - 7:15	Primary Ballet (Ages 5-7) 6:00-6:45	Primary Flexibility &Strength (Ages 5-7) 5:00 - 5:45
Advanced Pointe (Ages 13+) 7:20 - 8:20	Intermediate Ballet 1 (Ages 9-11) 7:00-8:15	Intermediate 1 Flexibility &Strength (Ages 9-11) 5:45-6:45

Friday

Studio 1	Studio 2	Green Rm
Advanced/Intermediate 2 Flexibility & Strength (Ages 11+) 5:15-6:00		
Advanced Ballet (Ages 13+) 6:05-7:35	Intermediate Ballet 2 (Ages 11-13) 6:05-7:20	
Advanced Jazz (Ages 13+) 7:45 - 8:45	Intermediate 2 Character (Ages 11-13) 7:25 - 8:25	

SATURDAY

9am	9:45am	10am	10:15am	11am	11:15am	11:30am	11:45am	12pm	12:15pm	12:30pm	1pm	3:00	4:00pm	4:15pm	5:30pm	6:15pm
Studio 1	Pre-Ballet (Ages 3-4) 9-9:45am		Pre-Primary Ballet (Ages 4-5) 10:15 - 11:15am			Primary Ballet (Ages 5-7) 11:30-12:15					Advanced Ballet (Ages 13+) may be combined with Intermediate Ballet 2 classes in show prep 1:00 - 4:00			Adult Ballet 1 (Ages 18+) 4:15-5:30		
Studio 2	Intermediate Ballet 1 (Ages 9-11) 9:00-10:30			Pre-Intermediate Ballet (Ages 7-9) 10:45-12:00					Musical Theatre (Ages 9+) 12:30-3:30					Adult Ballet 2 Advanced & Pointe (Ages 18+) 5+ years experience 4:15-6:15		
Green Room		Pre Intermediate Flexibility&Strength (Ages 7-9) 9:30-10:30		Intermediate 1 Jazz (Ages 9-11) 10:45-11:45				Semi-Classical Indian Dance (Ages 8+) 12:00 - 1:00			Kathak Indian Dance (Ages 8+) 1:15 - 2:15					